DATE: October 8 & 9, 2016
Saturday AM: Women
Saturday PM: Men Up to 198
Sunday AM: Men 220 & up
Sunday AM: Overflow
Adjustments may be made to schedule per entries received.

LIFTING STARTS AT 8:30 AM

NEW LOCATION: Jackson Suite Function Hall
114 Centre St, Malden, MA 02148

DIRECTOR: Gene Rychlak Jr.
gene@revolutionpowerlifting.com
484-363-3983

ENTRY FEES: PER DIVISION PER LIFTER IS $95.00
Crossover - $35 per Division.

ENTRY DEADLINE - FRIDAY, September 30
45 Lifter Limit per session. Meet will sell out before Deadline - DO NOT WAIT
Entries accepted after the 2nd with a $25 Late Fee.
HOTELS - Hotels.com typically provides best prices for rooms
20th Annual RPS Power Challenge: Boston

LIFTING BEGINS AT 8:30 A.M.
AM LIFTERS TO REPORT FOR RULES CLINIC BY 7:30 A.M.
SAT PM SESSION RULES 12PM

Two Day Schedule May Change due to Entries Received
Any change to schedule will be announced apx. 1 month prior to event.

WEIGH INS
Saturday AM Lifters: Friday AM 11 A.M. - 12 P.M. Location to be announced - AM Lifters Only
Saturday Lifters: Friday PM 3-3:30 PM, 5 P.M. - 7 P.M. @ event hall
Sat. & Sun. Lifters: Saturday 7:00 A.M. - 7:30 A.M., 11-12 for Sat PM Session @ event hall
Sunday Lifters: Saturday PM 6 P.M. - 7 P.M. (subject to change per meet duration) @ event hall
Sunday AM 7:00 A.M. - 7:30 A.M. @ event hall

Events:
- Full Power, Squat Only, Bench Only, Ironman (push/pull), Deadlift Only

Divisions:
- Multi-ply, Single-ply, Raw Classic without Knee Wraps, Raw Modern with Knee Wraps, Crossfit

Classes:
- Am (random drug test), Pro (non-drug tested), Elite Open, Police/Fire Pro and AM, Armed Forces*

Age Divisions:
- Open*, Teen (14-15,6-17,18-19), Junior (20-23), Sub-master (33-39), Master (per 5 yrs) * Police/Fire, Armed Forces: JR, Open & Master 50+

WEIGHT CLASSES:
WOMEN: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, SHW

RULES:

One-piece lifting suit (singlet) must be worn.

RPS DOES NOT HAVE A MEMBERSHIP FEE - RECORDS AUTOMATICALLY ACKNOWLEDGED

DEADLINE: Entry deadline is September 30, entries must be received by this date. Late entries will be accepted on a case-by-case basis. Lifters who miss the entry deadline must contact the meet director for availability to be put on meet roster. Failure to contact the meet director before “walking in” runs the risk of being excluded from the meet if lifter limit has been reached for the session/day.

A late fee of $25.00 will be charged. NO REFUNDS are guaranteed. $50 charge on returned checks.

AWARDS:
- Skullptures by Seeker
  - Powerlifting: Top three places in each weight class and every sub-division (to include full age divisions)
  - Best Lifters by Entries: Division with 5 or more will be analyzed for best lifter by coefficient.
  - Crossfit: Men & Women; Light & Heavyweight; Top five in each by coefficient.
Revolution Powerlifting Syndicate Divisions

**Pro:** Anyone who has totalled or has single lifts that qualify for Professional (Pro) must enter this division unless they wish to enter Elite which requires a lifter paid urinalysis. Professional can be entered by everyone but teens regardless of what their lift numbers are. There is no drug testing in this division.

**Amateur (AM):** This division is a a drug-free division. Any lifter under suspicion of drug use will be required to undergo a urinalysis test (SPORTS I EXPANDED). If the test results are negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and their lifts for the competition will be disqualified. A lifter testing positive will be required to lift as a Professional forthwith.

If the lifter enters AM and achieves a Pro qualifying lift, the lifter will either automatically be transferred to the Pro Division in the same meet (same weight class and sub-division), or have the option to pay for the urinalysis required to attain Elite status.

**Elite:** Those whose lifts qualify as Pro yet want to provide proof that they are not using any performance enhancements on the tested list. Elite lifts are only available in the Open division and will be scored in competition with the Pros.

**Police/Fire:** This division is reserved for individuals who serve the community as Police Officers, Correction Officers or Firefighters, civilly employed or volunteer. The age divisions are limited to Open and Master 50+.

**Armed Forces:** This division is reserved for individuals who serve(d) their country in a branch of the armed forces. The age divisions are limited to Open and Master 50+.

**Crossfit:** This division is reserved for individuals who are new to powerlifting and have entered a competition through the encouragement of crossfit. It is restricted to those competing for the first, second or third time, at an amateur level and in the raw classic or modern equipment division. Scoring for this division may be set by light/heavyweight and ranked by coefficient for the top five in each. Records will not be maintained for the crossfit division, however AM Raw Open records will be recognized if set by those entered in this division. Breaking a world record will require next entry to be in general powerlifting.

**No Fee for participation or record eligibility.**

**RPS Professional/Elite Classification Totals**

**Raw Professional/Elite Totals Recognizes**

For Single Lift Pro/Elite Classifications: revolutionpowerlifting.com

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<th>MEN’S DIVISIONS</th>
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PC16_051416
**20th Annual RPS Power Challenge: Boston**

**October 8 & 9, 2016**

**Malden, Mass**

**IMPORTANT: DO NOT SEND ENTRIES CERTIFIED MAIL!**

Entry fee for first division per lifter is **$95.** Additional divisions - $35 per Crossover. Check at least one in Sections 1-4. More than one Check in a Section equals a Crossover.

**Events:**
- [ ] Full Power
- [ ] Squat Only
- [ ] Bench Only
- [ ] Ironman (push/pull)
- [ ] Deadlift Only

**Division:**
- [ ] Multi-ply
- [ ] Single-ply
- [ ] Raw C
- [ ] Raw M
  - [ ] Classic w/o Knee Wraps
  - [ ] Modern w/ Knee Wraps

**Classes:**
- [ ] Am (random drug test)
- [ ] Elite Open
  - [ ] Please include Mandatory Drug Test Fee – $100
- [ ] Police/Fire AM*
- [ ] Police/Fire Pro*
- [ ] Armed Forces AM*
- [ ] Armed Forces Pro*

**Age Divisions:**
- [ ] Open
- [ ] Teen (age: _______)
- [ ] Junior (20-23)
- [ ] Sub-master (33-39)
- [ ] Master (age: _______)

*Police/Fire, Armed Forces: JR, Open, Master 50+

**Weight Class:**

**Sex:** M or F

**Crossfit**

**OTHER FEES Paid at the Door:**
- Spectator Fees & Coaches Fees: $10

**Name:** ____________________________
- **Age:** _______  
- **Birth Date:** ______________

**Street Address:** ____________________________
- **City:** ______________

**State:** _______  **Zip:** ______________
- **E-mail Address:** ____________________________
  - [ ] Please fill in legibly, will be used for important information about meet, do not provide if it is not an acceptable means of communication.

**Phone:** ____________________________
- **T-Shirt Size:** S M L XL 2XL 3XL 4XL
- **Total Number of Division entered:** _______

*(T-Shirts are not guaranteed, lifter and/or sponsorship participation will determine availability)*

**PAYMENT CHOICE:**
- [ ] Certified Check
- [ ] Money Order
- **Amount Enclosed $______________**

**ENTER & PAY ONLINE @ meets.revolutionpowerlifting.com**

**Payment must accompany form and be received by September 30!**

**Payment made to:** Gene Rychlak Jr.,
143 2nd Ave. Royersford, PA 19468. (no personal checks, no refunds guaranteed)

**RELEASE FROM LIABILITY**

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the Revolution Powerlifting Syndicate(RPS), Gene Rychlak Jr., Jackson Suite Function Hall, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in powerlifting competition sponsored by Gene Rychlak Jr. I also relinquish any rights to imagery taken of myself during said event for the promotional use by the promoter and federation.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that I enter the Am (drug tested) divisions. I may be selected to take a urinalysis test. If this test is found to be positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the test will be paid for by the RPS. By signing the release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.

__________________________________________
**Signature (in full) of applicant**

**Date**

__________________________________________
**Signature (in full) of parent or guardian if applicant is under 21 years of age**

**Date**

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