



Revolution
POWERLIFTING SYNDICATE
OFFICIAL SANCTIONED EVENT

2017 RPS ARIZONA STATE CHAMPIONSHIP June 10, 2017

LOCATION: **Relentless Power Gym**
5816 W San Miguel Ave
Glendale, AZ 85043

DIRECTOR: **Mike Early**
Mike.Early@relentlesspowergym.com
602-769-0778
Antoniette Rodriquez
antoniette@relentlesspowergym.com
602-376-6264

ENTRY FEES: PER DIVISION PER LIFTER IS \$95.00
Crossover - \$30 per Division.

ENTRY DEADLINE - May 1ST
30 Lifter Limit. Entries accepted after the 1ST with a \$25 Late Fee.

LIFTING STARTS AT 9 AM

2017 RPS ARIZONA STATE CHAMPIONSHIP

LIFTING BEGINS AT 9:00 A.M.

ALL LIFTERS TO REPORT FOR RULES CLINIC BY 8:00 A.M.

30 Lifter Limit - One session

Weigh Ins: Friday from 9AM -9PM @ RELENTLESS POWER GYM

Events: Full Power, Squat Only, Bench Only, Deadlift Only, Ironman (push/pull), and Squat/Pull

Divisions: Multi-ply, Single-ply, Raw Classic without Knee Wraps, Raw Modern with Knee Wraps

Classes: Am (random drug test), Pro (non-drug tested), Elite Open, Police/Fire Pro and AM, Armed Forces*

Age Divisions: Open, Teen (14-15,16-17,18-19), Junior (20-23), Sub-master (33-39), Master (per 5 yrs)*Police/Fire, Armed Forces: Junior, Open & Master 50+

Weight Classes:

MEN: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

WOMEN: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, SHW

Rules: ALL LIFTERS MUST BE PRESENT FOR RULES CLINIC THE MORNING THEY LIFT. FAILURE TO BE PRESENT FOR THE PRESENTATION OF RULES MAY RESULT IN FORFEIT OF ENTRY. Revolution Powerlifting Syndicate (RPS) rules apply. Equipment must meet RPS specifications. *For rules and regulations, visit RPS website at www.RevolutionPowerlifting.com. Lift Commands: Squat and Rack; Bench, Press and Rack.*One-piece lifting suit (singlet) must be worn.

RPS DOES NOT HAVE A MEMBERSHIP FEE

RECORDS AUTOMATICALLY ACKNOWLEDGED

Deadline: Entry deadline is **May 1st, entries must be received by this date. Late entries will be accepted on a case-by-case basis. Lifters who miss the entry deadline must contact the meet director for availability to be put on meet roster. **Failure to contact the meet director before “walking in” runs the risk of being excluded from the meet if lifter limit has been reached for the session/day. A late fee of \$25.00 will be charged. NO REFUNDS.****

Awards:

1st-3rd each weight class/division

Best Lifter men's and women's both raw and equipped

(dependent on entries, minimum 5 in each respective class to get a best lifter award)

Revolution Powerlifting Syndicate Divisions

Pro: Anyone who has totaled or has single lifts that qualify for **Professional (Pro)** must enter this division unless they wish to enter **Elite** which requires a lifter paid urinalysis. Professional can be entered by everyone but teens regardless of what their lift numbers are. There is no drug testing in this division.

Amateur (AM): This division is a drug-free division. Any lifter under suspicion of drug use will be required to undergo a urinalysis test (SPORTS I EXPANDED). If the test results are negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and their lifts for the competition will be disqualified. A lifter testing positive will be required to lift as a Professional forthwith.

If the lifter enters **AM** and achieves a **Pro** qualifying lift, the lifter will either automatically be transferred to the Pro Division in the same meet (same weight class and sub-division), or have the option to pay for the urinalysis required to attain **Elite** status.

Elite: Those whose lifts qualify as **Pro** yet want to provide proof that they are not using any performance enhancements on the tested list. Elite lifts are only available in the Open division and will be scored in competition with the Pros.

Police/Fire: This division is reserved for individuals who serve the community as Police Officers, Correction Officers or Firefighters, civilly employed or volunteer. The age divisions are limited to Open and Master 50+.

Armed Forces: This division is reserved for individuals who serve(d) their country in a branch of the armed forces. The age divisions are limited to Open and Master 50+.

Crossfit: This division is reserved for individuals who are new to powerlifting and have entered a competition through the encouragement of crossfit. It is restricted to those competing for the first, second or third time, at an amateur level and in the raw classic or modern equipment division. Scoring for this division may be set by light/heavyweight and ranked by coefficient for the top five in each. Records will not be maintained for the crossfit division, however AM Raw Open records will be recognized if set by those entered in the this division. Breaking a world record will require next entry to be in general powerlifting.

No Fee for participation or record eligibility.RPS Professional/Elite Classification Totals
Raw Professional/Elite Totals Recognizes For Single Lift Pro/Elite Classifications:
revolutionpowerlifting.com

MEN'S DIVISIONS

MEN'S WEIGHT CLASSES	Equipped Totals		Raw Totals	
	PRO	M*	PRO	M*
114	1080	975	905	850
123	1180	106	985	910
132	1330	119	106	975
148	1480	133	118	1090
165	1610	145	130	1190
181	1680	151	140	1280
198	1790	161	147	1355
220	1870	168	155	1475
242	1900	171	160	1500
275	1940	174	165	1520
308	1960	176	173	1600
SHW	1980	178	175	1615

***MASTER**

WOMEN'S DIVISIONS

WOMEN'S WEIGHT CLASSES	Equipped		Ra	
	PRO	M*	PRO	M*
97	670	605	540	490
105	720	650	580	530
114	770	700	620	570
123	825	740	665	605
132	870	785	700	640
148	955	860	770	700
165	1030	930	850	760
181	1105	995	895	815
198	1170	105	960	870
220	1250	112	1010	918
SHW	1300	117	1040	918



2016 RPS ARIZONA STATE CHAMPIONSHIP

**June 10,
2017
Relentless
Power Gym**

IMPORTANT: DO NOT SEND ENTRIES CERTIFIED MAIL!

Entry fee for first division per lifter is \$95.

Additional divisions - \$30 per Crossover.

Circle at least one in Sections 1-4.

More than one Circle in a Section equals a Crossover.

1. Event:

Full Power

Squat Only

Bench Only

Deadlift Only

Ironman Push/Pull

Squat/Pull

2. Division:

Multi-ply

Single-ply –(Teen, Open & Master 50+ Only)

Raw C- (Classic w/o Knee Wraps)

Raw M- (Modern w/Knee Wraps)

3. Classes:

AM(random drug test)

PRO- (non-drug tested)

Elite Open (please include mandatory drug test fee \$100)

Police/ Fire AM

Police/ Fire PRO

Armed Forces AM

4. Age Divisions:

Open

Sub-Master (33-39)

Teen (age _____)

Master (age _____)

Junior (20-23)

*Police/Fire, Armed Forces: Open, Junior, or Master 50+

Weight Class: _____ Sex: M or F

O Crossfit
please read division
information

OTHER FEES Paid at the Door:

**Spectator/Coaches Fees: \$5 Kids 12
and under free**

Name: _____ Age: _____ Birth Date: _____

Street Address: _____ City: _____

State: _____ Zip: _____

*E-mail Address: _____

***Please fill in legibly, will be used for important
information about meet, do not provide if it is not an
acceptable means of communication.**

Phone: _____

Total Number of Division entered: _____

PAYMENT CHOICES: Money Order Amount Enclosed \$ _____

NO REFUNDS

ENTER & PAY ONLINE @ www.relentlesspowergym.com

Payment must accompany form and be received by **May 1ST ! Payment payable
to:**

**RELENTLESS POWER GYM
5816 W. SAN MIGUEL AVE
GLENDALE, AZ 85301**

RELEASE FROM LIABILITY

**On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive,
release and fully discharge the Revolution Powerlifting Syndicate(RPS), Gene Rychlak Jr., Relentless
Power Gym Mike Early, Antoniette Rodriquez, their respective officers, directors, employees, agents,
and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due
to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated
with my participation in powerlifting competition sponsored by Gene Rychlak Jr. I also relinquish**

any rights to imagery taken of myself during said event for the promotional use by the promoter and federation.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that I enter the Am (drug tested) divisions. I may be selected to take a urinalysis test. If this test is found to be positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the test will be paid for by the RPS. By signing the release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.

Signature (in full) of applicant

Date

**Signature (in full) of parent or guardian if applicant
is under 21 years of age**

Date