

# *Never Forgotten*

*(Veterans Day)*

*November 11, 2017*

**Location:** The Pit Barbell Club  
5221 Oak Grove Rd. Evansville, IN 47715

**Weigh In's:** ALL Weigh in's at meet location!  
Friday 9:00a.m. - 12 noon (The Pit)  
Saturday 7:00a.m.-8:00a.m. (The Pit)

**Meet Director's:** Chris Miller (606) 308-4470  
Kelli Allen (859) 893-9385

**Entry Fees:** \$95 Full Power, \$90 Push/Pull,  
\$85 Bench or Deadlift Only, and  
\$30 for Crossovers

**Any Veteran with military ID gets free admission on Saturday!!**

**\*\*\*Make all checks PAYABLE to Kelli Allen\*\*\***

**Mail all entries to Kelli Allen**

**Po Box 4082 Mt. Vernon, KY 40456**

**Entry Deadline: October 28, 2017**

Never Forgotten: November 11, 2017

#11 Print Full Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone#: \_\_\_\_\_ Email: \_\_\_\_\_ Sex: \_\_\_\_\_

Parent or Guardian must sign for you to lift if you are under 18.

Parent or Guardian Signature: \_\_\_\_\_

ENTRY FEE: \$95 Full Power, \$90 Push/Pull, \$85 Bench or Deadlift only. Crossover \$30

\*\*\*NOTICE ONLY SELECT THE ONES THAT PERTAIN TO THE EVENTS YOU ARE ENTERING!

**Events:**  Full Power  Push/Pull  Bench Only  Deadlift Only

**Divisions:**  Single Ply  Multi ply  Raw Classic (naked knee)

Raw Modern (sleeves / wraps)

**Classes:**  Amateur (random drug test)  Pro (non-drug tested)

Elite (please include mandatory drug test fee \$100)

Police/Fire AM  Police/Fire Pro  Military AM  Military Pro

**Age Divisions:**  Teenage  Junior (20-23)  Open

Sub-master (33-39)  Master (Age: \_\_\_\_\_)

**Weight Class:** \_\_\_\_\_

Weight Classes: Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW  
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, SHW

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This meet is sanctioned by Revolution Powerlifting Syndicate (RPS)

For rules and regulations, visit RPS website at

<http://www.revolutionpowerlifting.com>

**No Membership Fee for participation or record eligibility.**

Men will be figured by Schwartz and Women will be figured by Malone's Formula.

You can enter more than one event if you would like, just check the events you want to enter and send the appropriate fees according to the contest listed above.

**Weigh Ins: Friday 9:00 am – 12:00 pm (Meet Location)**

**Saturday 7:00am – 8:00am (Meet Location)**

**Lifters meeting at 8:00am.**

**Lifting starts no later than 9:00am!**

**\*\*\*Every lifter must wear a SINGLET to compete\*\*\***

All records can be set or broken at this event.

Trophy's for 1<sup>st</sup> and 2<sup>nd</sup> place in all weight classes and events will be given out as well as Best Overall Male / Female.

Admission: \$10 (for coaches / spectators) kids 12 under free

**Any Veteran with Military ID gets free admission Saturday!!!**

**\*\*\*There are no refunds no exceptions\*\*\***

Email for any further questions:

**Fourbros gym4@yahoo.com**

## Revolution Powerlifting Syndicate Divisions

**Pro:** Anyone who has totaled or has single lifts that qualify for Professional (Pro) must enter this division unless they wish to enter Elite which requires a lifter paid urinalysis. Professional can be entered by everyone but teens regardless of what their lift numbers are. There is no drug testing in this division.

**Amateur (AM):** This division is a drug-free division. Any lifter under suspicion of drug use will be required to undergo a urinalysis test (SPORTS I EXPANDED). If the test results are negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and their lifts for the competition will be disqualified. A lifter testing positive will be required to lift as a Professional forthwith.

If the lifter enters AM and achieves a Pro qualifying lift, the lifter will either automatically be transferred to the Pro Division in the same meet (same weight class and sub-division), or have the option to pay for the urinalysis required to attain Elite status.

**Elite:** Those whose lifts qualify as Pro yet want to provide proof that they are not using any performance enhancements on the tested list. Elite lifts are only available in the Open division and will be scored in competition with the Pros.

**Police/Fire:** This division is reserved for individuals who serve the community as Police Officers, Correction Officers or Firefighters, civilly employed or volunteer. The age divisions are limited to Open and Master 50+.

**Armed Forces:** This division is reserved for individuals who serve(d) their country in a branch of the armed forces. The age divisions are limited to Open and Master 50+.

**Crossfit:** This division is reserved for individuals who are new to powerlifting and have entered a competition through the encouragement of crossfit. It is restricted to those competing for the first, second or third time, at an amateur level and in the raw classic or modern equipment division. Scoring for this division may be set by light/heavyweight and ranked by coefficient for the top five in each. Records will not be maintained for the crossfit division, however AM Raw Open records will be recognized if set by those entered in this division. Breaking a world record will require next entry to be in general powerlifting.