

Open	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	395	475	447.5	540	512.5	612.5	567.5	682.5	617.5	737.5	652.5	785	687.5	825	710	852.5	735	880	762.5	915	785	940
B Standard	352.5	422.5	395	480	447.5	540	487.5	585	525	630	552.5	667.5	585	702.5	605	725	625	745	642.5	770	670	805
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	145	175	165	200	190	227.5	210	252.5	227.5	272.5	242.5	290	255	305	262.5	315	272.5	325	282.5	337.5	290	347.5
B Standard	130	157.5	145	177.5	165	200	180	217.5	195	232.5	205	247.5	217.5	260	225	267.5	232.5	275	237.5	285	247.5	297.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	97.5	117.5	110	132.5	125	150	140	167.5	152.5	180	160	192.5	167.5	202.5	175	210	180	215	187.5	225	192.5	230
B Standard	87.5	102.5	97.5	117.5	110	132.5	120	142.5	127.5	155	135	162.5	142.5	172.5	147.5	177.5	152.5	182.5	157.5	187.5	165	197.5
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	152.5	182.5	172.5	207.5	197.5	235	217.5	262.5	237.5	285	250	302.5	265	317.5	272.5	327.5	282.5	340	292.5	352.5	302.5	362.5
B Standard	135	162.5	152.5	185	172.5	207.5	187.5	225	202.5	242.5	212.5	257.5	225	270	232.5	280	240	287.5	247.5	297.5	257.5	310
M1 (40-44)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	390	460	430	525	490	600	552.5	667.5	602.5	722.5	642.5	765	675	812.5	695	837.5	715	865	735	882.5	752.5	900
B Standard	345	410	387.5	460	437.5	525	472.5	570	510	615	545	652.5	570	690	595	710	615	730	630	747.5	642.5	762.5
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	145	170	160	195	182.5	222.5	205	247.5	222.5	267.5	237.5	282.5	250	300	257.5	310	265	320	272.5	327.5	277.5	332.5
B Standard	127.5	152.5	142.5	170	162.5	195	175	210	187.5	227.5	202.5	242.5	210	255	220	262.5	227.5	270	232.5	277.5	237.5	282.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	95	112.5	105	127.5	120	147.5	135	162.5	147.5	177.5	157.5	187.5	165	200	170	205	175	212.5	180	215	185	220
B Standard	85	100	95	112.5	107.5	127.5	115	140	125	150	132.5	160	140	170	145	175	150	180	155	182.5	157.5	187.5
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	150	177.5	165	202.5	187.5	230	212.5	257.5	232.5	277.5	247.5	295	260	312.5	267.5	322.5	275	332.5	282.5	340	290	347.5
B Standard	132.5	157.5	150	177.5	167.5	202.5	182.5	220	197.5	237.5	210	250	220	265	230	272.5	237.5	280	242.5	287.5	247.5	292.5
M2 (45-49)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	365	435	410	500	470	580	527.5	635	565	682.5	595	722.5	632.5	757.5	652.5	785	670	805	687.5	825	702.5	845
B Standard	325	390	365	440	410	490	450	530	480	580	510	610	540	642.5	560	670	575	687.5	590	702.5	600	715
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	135	160	152.5	185	175	215	195	235	210	252.5	220	267.5	235	280	242.5	290	247.5	297.5	255	305	260	312.5
B Standard	120	145	135	162.5	152.5	182.5	167.5	195	177.5	215	187.5	225	200	237.5	207.5	247.5	212.5	255	217.5	260	222.5	265
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	90	107.5	100	122.5	115	142.5	130	155	137.5	167.5	145	177.5	155	185	160	192.5	165	197.5	167.5	202.5	172.5	207.5
B Standard	80	95	90	107.5	100	120	110	130	117.5	142.5	125	150	132.5	157.5	137.5	165	140	167.5	145	172.5	147.5	175
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	140	167.5	157.5	192.5	180	222.5	202.5	245	217.5	262.5	230	277.5	242.5	292.5	250	302.5	257.5	310	265	317.5	270	325
B Standard	125	150	140	170	157.5	187.5	172.5	205	185	222.5	197.5	235	207.5	247.5	215	257.5	222.5	265	227.5	270	230	275
M3 (50-54)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	337.5	407.5	385	467.5	450	540	490	590	527.5	635	560	667.5	590	705	610	730	632.5	757.5	647.5	772.5	652.5	785
B Standard	297.5	357.5	337.5	405	382.5	460	415	500	450	540	475	570	505	600	520	622.5	540	650	550	662.5	560	670
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	125	150	142.5	172.5	167.5	200	182.5	217.5	195	235	207.5	247.5	217.5	260	225	270	235	280	240	285	242.5	290
B Standard	110	132.5	125	150	142.5	170	152.5	185	167.5	200	175	210	187.5	222.5	192.5	230	200	240	202.5	245	207.5	247.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	82.5	100	95	115	110	132.5	120	145	130	155	137.5	162.5	145	172.5	150	180	155	185	157.5	190	160	192.5
B Standard	72.5	87.5	82.5	100	92.5	112.5	102.5	122.5	110	132.5	117.5	140	122.5	147.5	127.5	152.5	132.5	160	135	162.5	137.5	165
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	130	157.5	147.5	180	172.5	207.5	187.5	227.5	202.5	245	215	257.5	227.5	272.5	235	280	242.5	292.5	250	297.5	250	302.5
B Standard	115	137.5	130	155	147.5	177.5	160	192.5	172.5	207.5	182.5	220	195	230	200	240	207.5	250	212.5	255	215	257.5
M4 (55-59)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	307.5	367.5	350	415	395	480	435	525	470	562.5	495	592.5	525	627.5	540	650	560	667.5	570	682.5	582.5	702.5
B Standard	270	325	305	365	337.5	405	370	440	400	480	420	510	447.5	530	467.5	550	480	570	490	580	500	590
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	115	135	130	152.5	145	177.5	160	195	175	207.5	182.5	220	195	232.5	200	240	207.5	247.5	210	252.5	215	260
B Standard	100	120	112.5	135	125	150	137.5	162.5	147.5	177.5	155	187.5	165	195	172.5	202.5	177.5	210	182.5	215	185	217.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	75	90	85	102.5	97.5	117.5	107.5	127.5	115	137.5	122.5	145	127.5	152.5	132.5	160	137.5	162.5	140	167.5	142.5	172.5
B Standard	65	80	75	90	82.5	100	90	107.5	97.5	117.5	102.5	125	110	130	115	135	117.5	140	120	142.5	122.5	145
	DL	DL	DL	DL																		