

Teen 1 (13-15)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	262.5	292.5	285	325	332.5	370	387.5	440	420	470	455	495	487.5	532.5	505	552.5	527.5	572.5	552.5	595	567.5	615
B Standard	235	255	255	275	287.5	317.5	317.5	350	350	380	377.5	400	400	430	420	450	440	470	460	490	475	510
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	97.5	107.5	105	120	122.5	137.5	142.5	162.5	155	175	167.5	182.5	180	197.5	187.5	205	195	212.5	205	220	210	227.5
B Standard	87.5	95	95	102.5	107.5	117.5	117.5	130	130	140	140	147.5	147.5	160	155	167.5	162.5	175	170	182.5	175	187.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	65	72.5	70	80	82.5	90	95	107.5	102.5	115	112.5	122.5	120	130	122.5	135	130	140	135	145	140	150
B Standard	57.5	62.5	62.5	67.5	70	77.5	77.5	85	85	92.5	92.5	97.5	97.5	105	102.5	110	107.5	115	112.5	120	117.5	125
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	100	112.5	110	125	127.5	142.5	150	170	162.5	180	175	190	187.5	205	195	212.5	202.5	220	212.5	230	217.5	237.5
B Standard	90	97.5	97.5	105	110	122.5	122.5	135	135	147.5	145	155	155	165	162.5	172.5	170	180	177.5	187.5	182.5	197.5
Teen 2 (16-17)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	305	352.5	337.5	402.5	380	472.5	447.5	510	472.5	552.5	505	582.5	540	620	560	642.5	580	667.5	600	687.5	622.5	722.5
B Standard	267.5	310	295	345	330	410	372.5	435	400	460	425	495	452.5	530	467.5	550	490	570	510	590	525	600
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	112.5	130	125	150	140	175	165	187.5	175	205	187.5	215	200	230	207.5	237.5	215	247.5	222.5	255	230	267.5
B Standard	100	115	110	127.5	122.5	152.5	137.5	160	147.5	170	157.5	182.5	167.5	195	172.5	202.5	182.5	210	187.5	217.5	195	222.5
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	75	87.5	82.5	97.5	92.5	115	110	125	115	135	122.5	142.5	132.5	152.5	137.5	157.5	142.5	162.5	147.5	167.5	152.5	177.5
B Standard	65	75	72.5	85	80	100	92.5	107.5	97.5	112.5	105	122.5	110	130	115	135	120	140	125	145	127.5	147.5
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	117.5	135	130	155	147.5	182.5	172.5	197.5	182.5	212.5	195	225	207.5	237.5	215	247.5	222.5	257.5	230	265	240	277.5
B Standard	102.5	120	112.5	132.5	127.5	157.5	142.5	167.5	155	177.5	162.5	190	175	205	180	212.5	187.5	220	197.5	227.5	202.5	230
Teen 3 (18-19)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	345	410	380	475	435	542.5	495	592.5	530	642.5	560	670	590	707.5	610	732.5	627.5	752.5	655	787.5	675	810
B Standard	305	365	345	400	385	460	420	500	450	540	480	570	500	605	520	630	540	647.5	560	670	575	690
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	127.5	152.5	140	175	160	200	182.5	220	195	237.5	207.5	247.5	217.5	262.5	225	270	232.5	277.5	242.5	292.5	250	300
B Standard	112.5	135	127.5	147.5	142.5	170	155	185	167.5	200	177.5	210	185	225	192.5	232.5	200	240	207.5	247.5	212.5	255
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	85	100	92.5	117.5	107.5	132.5	122.5	145	130	157.5	137.5	165	145	172.5	150	180	152.5	185	160	192.5	165	197.5
B Standard	75	90	85	97.5	95	112.5	102.5	122.5	110	132.5	117.5	140	122.5	147.5	127.5	155	132.5	157.5	137.5	165	140	170
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	132.5	157.5	147.5	182.5	167.5	210	190	227.5	205	247.5	215	257.5	227.5	272.5	235	282.5	242.5	290	252.5	302.5	260	312.5
B Standard	117.5	140	132.5	155	147.5	177.5	162.5	192.5	172.5	207.5	185	220	192.5	232.5	200	242.5	207.5	250	215	257.5	222.5	265
Junior (20-23)	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq	Raw	Eq
	56	56	60	60	67.5	67.5	75	75	82.5	82.5	90	90	100	100	110	110	125	125	140	140	140+	140+
	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
A Standard	372.5	447.5	425	512.5	480	580	540	647.5	580	695	610	732.5	647.5	770	667.5	805	687.5	825	722.5	865	737.5	887.5
B Standard	332.5	400	370	460	410	500	450	550	490	590	520	625	550	655	570	682.5	580	702.5	610	722.5	630	755
	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ	SQ
A Standard	137.5	165	157.5	190	177.5	215	200	240	215	257.5	225	270	240	285	247.5	297.5	255	305	267.5	320	272.5	327.5
B Standard	122.5	147.5	137.5	170	152.5	185	167.5	202.5	182.5	217.5	192.5	232.5	202.5	242.5	210	252.5	215	260	225	267.5	232.5	280
	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP	BP
A Standard	92.5	110	105	125	117.5	142.5	132.5	157.5	142.5	170	150	180	157.5	187.5	162.5	197.5	167.5	202.5	177.5	212.5	180	217.5
B Standard	82.5	97.5	90	112.5	100	122.5	110	135	120	145	127.5	152.5	135	160	140	167.5	142.5	172.5	150	177.5	155	185
	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL	DL
A Standard	142.5	172.5	162.5	197.5	185	222.5	207.5	250	222.5	267.5	235	282.5	250	297.5	257.5	310	265	317.5	277.5	332.5	285	342.5
B Standard	127.5	155	142.5	177.5	157.5	192.5	172.5	212.5	187.5	227.5	200	240	212.5	252.5	220	262.5	222.5	270	235	277.5	242.5	290