



Revolution
POWERLIFTING SYNDICATE
OFFICIAL SANCTIONED EVENT

2020 RPS NAPLES CLASSIC

August 22 & 23, 2020

LIFTING STARTS AT 9:00 AM

**Saturday - Women, Men through 181, Single Lift
Sunday - Men 198 to SHW**

LOCATION: The Naples Beach Hotel & Golf Club
851 Gulf Shore Blvd. N., Naples, FL 34102

DIRECTOR: Brian & Jeannea Burritt
burrittbuilt@gmail.com • 772-361-4723

ENTRY FEES: PER DIVISION PER LIFTER IS \$75.00
Crossover - \$30 per Division.
All Competitors welcome
TEAM FEES: \$60 per team.

ENTRY DEADLINE - August 7, 2020

\$10 Admission for Spectators and Coaches

2020 RPS NAPLES CLASSIC

Rules Clinic 8:10 AM - One Piece Lifting Suit Required

LIFTING BEGINS AT 9:00 A.M.

WEIGH INS & Equipment check at Meet Site

No Day of Weigh Ins. Weigh in schedule will be posted on event page.

Events: Full Power, Squat Only, Bench Only, Ironman (push/pull), Deadlift Only,

Divisions: Multi-ply, Single-ply, Raw Classic without Knee Wraps, Raw Modern with Knee Wraps

Classes: Am (random drug test), Pro (non-drug tested), Elite Open, Police/Fire Pro and AM, Armed Forces*

Age Divisions: Open*, Teen (14-15, 16-17, 18-19), Junior (20-23), Sub-master (33-39),

Master (per 5 yrs) * Police/Fire, Armed Forces: Open & Master 50+

WEIGHT CLASSES: MEN: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

WOMEN: 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, SHW

RULES: ALL LIFTERS MUST BE PRESENT FOR RULES CLINIC THE MORNING THEY LIFT. FAILURE TO BE PRESENT FOR THE PRESENTATION OF RULES MAY RESULT IN FORFEIT OF ENTRY. Revolution Powerlifting Syndicate (RPS) rules apply. Equipment must meet RPS specifications. ***For rules and regulations, visit RPS website at www.RevolutionPowerlifting.com. Bench Commands: Bench, Press and Rack.***

DEADLINE: Entry deadline is August 7, entries must be received by this date. Entries postmarked after entry deadline must pay late fee. Lifters who miss the entry deadline must contact the meet director for availability to be put on meet roster. **Failure to contact the meet director before "walking in" runs the risk of being excluded from the meet. A late fee of \$25.00 will be charged. NO REFUNDS. \$50 charge on returned checks, cash only after deadline.**

AWARDS: 1st through 3rd in each division and age category
Best lifter based on entries

Revolution Powerlifting Syndicate Divisions

Pro: Anyone who has totalled or has single lifts that qualify for **Professional (Pro)** must enter this division unless they wish to enter **Elite** which requires a lifter paid urinalysis. Professional can be entered by everyone but teens regardless of what their lift numbers are. There is no drug testing in this division.

Amateur (AM): This division is a drug-free division. Any lifter under suspicion of drug use will be required to undergo a urinalysis test (SPORTS I EXPANDED). If the test results are negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and their lifts for the competition will be disqualified. A lifter testing positive will be required to lift as a Professional forthwith.

If the lifter enters **AM** and achieves a **Pro** qualifying lift, the lifter will either automatically be transferred to the Pro Division in the same meet (same weight class and sub-division), or have the option to pay for the urinalysis required to attain **Elite** status.

Elite: Those whose lifts qualify as **Pro** yet want to provide proof that they are not using any performance enhancements on the tested list. Elite lifts are only available in the Open division and will be scored in competition with the Pros.

Police/Fire: This division is reserved for individuals who serve the community as Police Officers, Correction Officers or Firefighters, civilly employed or volunteer. The age divisions are limited to Open and Master 50+.

Armed Forces: This division is reserved for individuals who serve(d) their country in a branch of the armed forces. The age divisions are limited to Open and Master 50+.

Crossfit: This division is reserved for individuals who are new to powerlifting and have entered a competition through the encouragement of crossfit. It is restricted to those competing for the first, second or third time, at an amateur level and in the raw classic or modern equipment division. Scoring for this division may be set by light/heavyweight and ranked by coefficient for the top five in each. Records will not be maintained for the crossfit division, however AM Raw Open records will be recognized if set by those entered in the this division. Breaking a world record will require next entry to be in general powerlifting.

No Membership Fee for participation or record eligibility.

RPS Professional/Elite Classification Totals Raw Professional/Elite Totals Recognizes

For Single Lift Pro/Elite Classifications: revolutionpowerlifting.com

MEN'S DIVISIONS

| MEN'S WEIGHT CLASSES | Equipped Totals | | Raw Totals | |
|----------------------------|--------------------|--------|---------------|--------|
| | PRO | Master | PRO | Master |

| | | | | |
|-----|------|------|------|------|
| 114 | 1080 | 975 | 905 | 850 |
| 123 | 1180 | 1060 | 985 | 910 |
| 132 | 1330 | 1195 | 1060 | 975 |
| 148 | 1480 | 1330 | 1185 | 1090 |
| 165 | 1610 | 1450 | 1300 | 1190 |
| 181 | 1680 | 1510 | 1400 | 1280 |
| 198 | 1790 | 1610 | 1475 | 1355 |
| 220 | 1870 | 1680 | 1550 | 1475 |
| 242 | 1900 | 1710 | 1605 | 1500 |
| 275 | 1940 | 1745 | 1655 | 1520 |
| 308 | 1960 | 1765 | 1730 | 1600 |
| SHW | 1980 | 1785 | 1750 | 1615 |

WOMEN'S DIVISIONS

| WOMEN'S WEIGHT CLASSES | Equipped | | Raw | |
|------------------------------|----------|--------|-----|--------|
| | PRO | Master | PRO | Master |

| | | | | |
|-----|------|------|------|-----|
| 97 | 670 | 605 | 540 | 490 |
| 105 | 720 | 650 | 580 | 530 |
| 114 | 770 | 700 | 620 | 570 |
| 123 | 825 | 740 | 665 | 605 |
| 132 | 870 | 785 | 700 | 640 |
| 148 | 955 | 860 | 770 | 700 |
| 165 | 1030 | 930 | 850 | 760 |
| 181 | 1105 | 995 | 895 | 815 |
| 198 | 1170 | 1055 | 960 | 870 |
| 220 | 1250 | 1125 | 1010 | 918 |
| SHW | 1300 | 1175 | 1040 | 918 |

2020 RPS NAPLES CLASSIC

August 22-23, 2020

The Naples Beach Hotel & Golf Club: 851 Gulf Shore Blvd. N., Naples, FL 34102

Entry fee for first division per lifter is **\$75**. Additional divisions - **\$30 per Crossover**.
Check at least one in Sections 1-4. More than one Check in a Section equals a Crossover.

① Events: Full Power Squat Only Bench Only Ironman (push/pull) Deadlift Only

② Divisions: Multi-ply Single-ply Raw C Classic w/o
Knee Wraps Raw M Modern w/
Knee Wraps

③ Classes: Am (random drug test) Elite Open†
† Please include Mandatory Drug Test Fee - \$100 Police/Fire AM* Armed Forces AM*
 Pro (non-drug tested) Police/Fire Pro* Armed Forces Pro*

④ Age Divisions: Open Teen (age: _____) Junior (20-23)
 Sub-master (33-39) Master (age: _____) *Police/Fire, Armed Forces: Junior, Open & Master 50+

Weight Class: _____

Sex: M or F

OTHER FEES Paid at the Door:

Spectator Fees & Extra Coaches Fees: \$10

Name: _____ Age: _____ Birth Date: _____

Street Address: _____ City: _____

State: _____ Zip: _____

*E-mail Address: _____

*Please fill in legibly, will be used for important information about meet,

Phone: _____

do not provide if it is not an acceptable means of communication.

PAYMENT CHOICE: Mailed Payments only Check Money Order - Amount Enclosed \$ _____

Payment must accompany form and be received by **August 7** Please make checks payable to:

Jeannea Burrirt, 466 Lake Whitney Place Port St Lucie FL 34986

(\$50 fee on returned checks, no refunds guaranteed at any time)

RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the Revolution Powerlifting Syndicate(RPS), Ame Rychlak, Jeannea & Brian Burrit, The Naples Beach Hotel & Golf Club, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in powerlifting competition sponsored by aforementioned parties. I also relinquish any rights to imagery taken of myself during said event for the promotional use by the promoter and federation.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that I enter the Am (drug tested) divisions. I may be selected to take a urinalysis test. If this test is found to be positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the test will be paid for by the Meet Promoter. By signing the release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant

Date

Signature (in full) of parent or guardian if applicant
is under 21 years of age

Date