# 2025 RPS

## WINTER CLASSIC

#### FAIR HAVEN FITNESS

# **FEBRUARY 8th**

EVENTS: FULL POWER, SQUAT ONLY, BENCH ONLY, DEADLIFT ONLY, PUSH-PULL

LOCATION: FAIR HAVEN FITNESS (802-265-3470)

8 MAIN ST. FAIR HAVEN, VT 05743

DIRECTOR: JAMES MATTA and MEGHAN MATTA (CAPEJAM@HOTMAIL.COM)

ENTRIES: PER DIVISION PER LIFTER \$110 CROSS-OVER \$40

ENTRY DEADLINE FEBRUARY 1ST

FIRST COME FIRST SERVE 50 LIFTER LIMIT \$25 LATE FEE AFTER DEADLINE!

RULES AT 8AM, LIFTING STARTS AT 9AM

WEIGH-INS FRIDAY FROM 9AM-11AM, 4-6PM OR SATURDAY 7AM-8AM

RULES AT 8AM! LIFTING STARTS AT 9AM!

DIVISIONS: RAW CLASSIC, RAW MODERN, SINGLE PLY, MULTI PLY, UNLIMITED

CLASSES: AM (RANDOM DRUG TEST) PRO (NON TESTED)

ELITE OPEN, POLICE/FIRE PRO AND AM, ARMED FORCES

AGE DIVISIONS: OPEN, TEEN (14-15,16-17,18-19)(JUN 20-23),SUBMASTER(33-39)

MASTER (PER 5 YRS) POLICE/FIRE, ARMED FORCES: MASTER 50+

WEIGHT CLASSES: (MEN) : 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

WEIGHT CLASSES: (WOMEN): 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, SHW

**RULES**: ALL LIFTERS MUS T BE PRESENT FOR THE RULES CLINIC! ALL REVOLUTION POWERLIFTING SYNDICATE (RPS) RULES APPLY. EQUIPMENT MUST BE WITHIN (RPS) SPECIFICATIONS. FOR QUESTIONS ON RULES PLEASE FEEL FREE TO VISIT THE WEBSITE (www.revolutionpowerlifting.com)

#### **ONE -PIECE LIFTING SUIT MUST BE WORN!**

**IMPORTANT:** SPECTATOR /COACHES FEES \$10 AT THE DOOR

ENTRY FEE \$110 PER LIFTER \$40 FOR CROSS-OVERS INCLUDES MEET, T-SHIRT

T-SHIRT SIZE \_\_\_\_\_ S, M, L, XL, XXL, XXXL, XXXL

EVENTS: FULL POWER\_\_\_\_\_ PUSH-PULL\_\_\_\_ SQUAT ONLY\_\_\_\_ BENCH ONLY\_\_\_\_ DEADLIFT ONLY\_\_\_\_

GEAR DIVISIONS: MULTIPLY \_\_\_\_\_ SINGLE PLY \_\_\_\_\_ RAW CLASSIC \_\_\_\_\_ RAW MODERN \_\_\_\_\_

UNLIMITED\_\_\_\_

CLASSES AM (RANDOM TESTED) \_\_\_\_ PRO (NON TESTED) \_\_\_\_

ELITE OPEN (MANDATORY \$105 FEE FOR DRUG TESTING)

POLICE/FIRE AM \_\_\_\_/ POLICE/FIRE PRO \_\_\_\_/ ARMED FORCES AM \_\_\_\_/ ARMED FORCES PRO \_\_\_\_\_

AGE DIVISIONS: OPEN\_\_\_/ SUB MASTER (33-39) \_\_\_\_TEEN \_\_\_ MASTER (40+)\_\_\_\_

JUN (20-23)\_\_\_\_

WEIGHT CLASS\_\_\_\_\_ SEX: M OR F\_\_\_\_

NAME\_\_\_\_\_\_AGE\_\_\_BIRTH DATE\_\_\_\_\_

ADDRESS\_\_\_\_\_ CITY\_\_\_\_ ZIP\_\_\_\_

STATE\_\_\_\_PHONE\_\_\_\_\_EMAIL\_\_\_\_

**PAYMENT CHOICE**: \$110 or \$40 cross over

CASH, CHECK, MONEY ORDER AMOUNT PAID\_\_\_\_\_

ALL PAYMENTS CAN BE MADE OUT TO FAIR HAVEN FITNESS.

THEY CAN BE SENT TO FAIR HAVEN FITNESS, 8 MAIN ST. FAIR HAVEN, VT 05743

FOR QUESTIONS CONTACT JAMIE AT (802) 265-3470 OR capejam@hotmail.com

PAYMENTS DUE BY **FEBRUARY 1ST** \$25 LATE FEE FOR ANY PAYMENTS AFTER THIS DATE!

#### NOTE! PLEASE SEND ALL OPENERS IN BY EMAIL BY FEBRUARY 4TH!